

FOR IMMEDIATE RELEASE:
DATE: 10/8/20



Contact: Brian Lippai
Public Information Officer
732-341-9700 ext. 7735
Email: BLippai@ochd.org

OCEAN COUNTY HEALTH DEPARTMENT

P.O. Box 2191
Toms River, NJ 08754-2191

MEDIA ALERT

THE FLU ENDS WITH YOU!

OCHD ANNOUNCES UPCOMING FLU CLINIC DATES

Complete schedule with clinic locations, dates & times listed below!

OCTOBER:

Thursday, October 15, 2020, 10:00 am– 2:00 pm, Jackson Township Senior Center, 45 Don Connor Blvd, Jackson.

Saturday, October 17, 2020, 10:00 am – 2:00 pm, Toms River High School North (Gym), 1245 Old Freehold Road, Toms River.

Tuesday, October 20, 2020, 10:00 am – 2:00 pm, Brick Senior Center/VFW Post 8867, 373 Adamston Road, Brick

Thursday, October 22, 2020, 10:00 am – 2:00 pm, Ocean County Fire and EMS Training Center, 200 Volunteer Way, Waretown

Tuesday, October 27, 2020, 10:00 am – 2:00 pm, Edward Thornton Community Center, 319 West Calabreze Way, Little Egg Harbor

Thursday, October 29, 2020, 10:00 am – 2:00 pm, Stafford Recreation Center, 25 Pine Street, Manahawkin

NOVEMBER:

Thursday, November 5, 2020, 10:00 am – 2:00 pm, Forked River Columbian Club, 15 East Lacey Road, Forked River

Saturday, November 7, 2020, 10:00 am – 2:00 pm, Ocean County Fire and EMS Training Center at 200 Volunteer Way, Waretown

Tuesday November 10, 2020, 10:00 am – 2:00 pm. Jackson Township Senior Center, 45 Don Connor Boulevard, Jackson

Thursday November 12, 2020, 10:00 am – 2:00 pm, Stafford Recreation Center, 25 Pine Street, Manahawkin

Tuesday November 17, 2020, 10:00 am – 2:00 pm, Edward Thornton Community Center, 319 West Calabreeze Way, Little Egg Harbor

Thursday November 19, 2020, 10:00 am – 2:00 pm, Brick Senior Center/VFW Post 8867, 373 Adamston Road, Brick

Saturday November 21, 2020, 10:00 am – 2:00 pm, RWJ Barnabas Health Arena, 1245 Old Freehold Road, Toms River

Monday November 23, 2020, 10:00 am – 2:00 pm, Ocean County Fire and EMS Training Center, 200 Volunteer Way, Waretown

DECEMBER:

Tuesday December 1, 2020, 10:00 am – 2:00 pm, Forked River Columbian Club, 15 East Lacey Road, Forked River

Thursday December 3, 2020, 10:00 am – 2:00 pm in Berkeley Township (TBD)

Saturday December 5, 2020, 10:00 am – 2:00 pm, RWJ Barnabas Health Arena, 1245 Old Freehold Road, Toms River

Tuesday, December 8, 2020, 10:00 am – 2:00 pm, Edward Thornton Community Center, 319 West Calabreeze Way, Little Egg Harbor

Thursday, December 10, 2020, 10:00 am – 2:00 pm, Ocean County Fire and EMS Training Center, 200 Volunteer Way, Waretown

Tuesday December 15, 2020, 10:00 am – 2:00 pm, Jackson Township Senior Center, 45 Don Connor Boulevard, Jackson

Thursday, December 17, 2020, 10:00 am – 2:00 pm, County Connection (Ocean County Mall), 1201 Hooper Avenue, Toms River

Visit www.ochd.org/flu/ to make an appointment, and remember to complete all required forms prior to your visit. The complete schedule and other requirements can be found at www.ochd.org or on the link below;

<https://www.ochd.org/wp-content/uploads/2020/09/2020-Flu-Brochure-combined-Sept-1.docx>

The following is a list of flu facts to keep in mind.

- All people 6 months of age and older should get vaccinated against seasonal flu every year.
- Children younger than 6 months are at high-risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.
- Vaccination is especially important for pregnant women and people with chronic diseases.
- The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.
- Getting the flu vaccine cannot give you the flu! The vaccine is made with inactive (killed) virus strains which are not infectious.

Getting a flu vaccine will:

- Help keep you out of a medical setting.
- Lowers risk of COVID-19 exposure.
- Help conserve medical resources needed for care of COVID-19 patients.

- Help protect frontline health care and other essential workers.
- A flu vaccine is an easy way to help “flatten the curve” of flu illness.

The OCHD is also providing a general COVID-19 Information Call Hot Line for residents and clinicians to answer questions regarding the coronavirus or flu. The number is 732-341-9700 or (800)342-9738 ext. 7411. Download a vaccine information statement at [CDC.Gov/Vaccines/hcp/vis](https://www.cdc.gov/Vaccines/hcp/vis).

xxx